



OnTrackNY Publication Summaries:

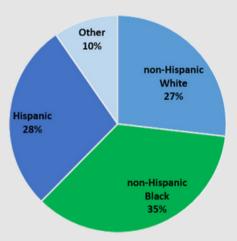
SUPPORTED EDUCATION AND EMPLOYMENT SERVICES FOR YOUNG PEOPLE WITH EARLY PSYCHOSIS IN ONTRACKNY

Study Snapshot:

This study helps us understand the use and effectiveness of supported employment and education services (SEES) at OnTrackNY.

Figure 1: Who participated in this study?

This study is based on 779 OnTrackNY participants from diverse backgrounds.



This study explores:

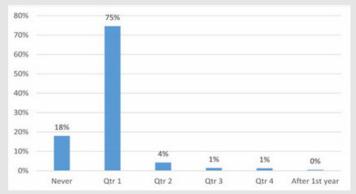
- 1. Who is more likely to use SEE services at OnTrackNY?
- 2. Was the use of SEE services at OnTrackNY associated with education and employment participation?

This was a study of 779 OnTrackNY participants from 2013 to 2017. Teams reported on SEE services and school or work participation at enrollment and every three months

Study Findings:

- 1. Those who were younger and not in school or work at admission were more likely to use the SEE services. Most participants use SEE services and most begin during their first three months at OnTrackNY.
- 2. Rates of school and work participation increased over the duration of OnTrackNY participation.

Figure 2: When did most participants begin SEE services?



Most (75%) start using SEE services within 3 months (QTR 1) at OnTrackNY.

Final Thoughts:

OnTrackNY's supported education model and use of SEE services may be helping participants stay in school and work, which is an important treatment goal for youth and young adults in early psychosis programs.

Future studies should explore if these findings remain consistent over time, as the OnTrackNY program grows, and as participants continue to work with teams past the first year.

This summary is based on a peer-reviewed publication:

<u>Humensky JL, Nossel I, Bello I, Dixon LB. Supported Education and Employment Services for Young People with Early Psychosis in OnTrackNY. J Ment Health Policy Econ. 2019 Sep 1;22(3):95-108. PMID: 31811753; PMCID: PMC6902640.</u>

